

PATIENT INSTRUCTIONS FOR CT SCAN OF
ABDOMEN AND/OR PELVIS

EXAM DATE:

EXAM TIME:

BE HERE BY:

24 HOURS BEFORE THE EXAM

- A. Limit diet to clear liquids (broth, any flavored jello gelatin, soft drinks, clear juice (no pulp), coffee, tea, flavored popsicles (no fudgesicles) etc. (**NO MILK**). DRINK 6 TO 8 GLASSES OF WATER OR LIQUIDS.
- B. Diet restrictions do not include medications.

ON THE DAY OF THE EXAM

- A. **Do not** eat or drink anything **6** hours before exam time.
- B. For a CT scan of the Abdomen please arrive **1** hour prior to exam time for oral contrast prep.
- C. For a CT scan of the Abdomen to include the Pelvis or Pelvis only please arrive **1 1/2** hours prior for oral contrast prep.
- D. If you are over 15 minutes past your appointment or if your lab work is not completed by 15 minutes past your appointment time, you will probably be rescheduled.
- E. **If you are Diabetic please inform the technologist before the exam begins.**

CHECK LIST

- ☐ Lab work completed – at least one day prior
- ☐ Prescriptions taken
- ☐ Liquid diet
- ☐ Large amounts of water of liquids

If you have any questions or need to reschedule your appointment please contact the Radiology Department at (256) 955-8888 extension # 1800 or 1-800-223-9531 extension # 1800.